

# Bio-Data

**Name** : Mr. Thinam Tamang  
**Date of Birth** : 1983-12-01  
**Religion** : Buddhist  
**Marital Status** : Married  
**Permanent Address** : Lokhim-8, Solukhumbu Nepal  
**Profession** : Base Camp Chef (Continental & Bakery)  
**Working at** : Eight K Expeditions Pvt. Ltd.  
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## Training

1. Cook (Continental) and Bakery Training from NIFSO on 2007.

## Base Camp Cook Experience

S.no	Year	Mountain	Team	Season	Height(m)	Remark
1	2007	Mt. Everest	International	Spring	8848.86	BC Cook
2	2007	Cho-Oyu	British	Autumn	8201	BC Cook
3	2008	Mt. Everest	International	Spring	8848.86	BC Cook
4	2008	Baruntse	International	Autumn	7129	BC Cook
5	2009	Mt. Everest	International	Spring	8848.86	BC Cook
6	2010	Mt. Everest	International	Spring	8848.86	BC Cook
7	2010	Baruntse	International	Autumn	7129	BC Cook
8	2011	Mt. Everest	International	Spring	8848.86	BC Cook
9	2011	Cho-Oyu	British	Autumn	8201	BC Cook
10	2012	Mt. Everest	International	Spring	8848.86	BC Cook
11	2012	Mt. Manaslu	International	Autumn	8163	BC Cook
12	2013	Mt. Everest	International	Spring	8848.86	BC Cook
13	2013	Mt. GI, GII	International	Summer	8047	BC Cook
14	2013	Mt. Manaslu	International	Autumn	8163	BC Cook
15	2013	Amadablam	International	Autumn	6812	BC Cook
16	2014	Mt. Everest	International	Spring	8848.86	BC Cook
17	2014	Mt. K2	International	Summer	8611	BC Cook
18	2014	Mt. Manaslu	International	Autumn	8163	BC Cook
19	2015	Mt. Everest	International	Spring	8848.86	BC Cook
20	2015	Mt. K2	International	Summer	8611	BC Cook
21	2015	Mt. Manaslu	International	Autumn	8163	BC Cook
22	2016	Mt. Everest	International	Spring	8848.86	BC Cook
23	2016	Mt. K2	International	Summer	8611	BC Cook
24	2016	Mt. Manaslu	International	Autumn	8163	BC Cook
25	2017	Mt. Everest	International	Spring	8848.86	BC Cook
26	2018	Mt. Everest	International	Spring	8848.86	BC Cook
27	2018	Mt. K2	International	Summer	8611	BC Cook
28	2018	Mt. Manaslu	International	Autumn	8163	BC Cook
29	2019	Mt. Everest	International	Spring	8848.86	BC Cook
30	2019	Mt. Manaslu	International	Autumn	8163	BC Cook
31	2020	Mt. Manaslu	Bahrain Team	Autumn	8163	BC Cook
32	2021	Mt. Everest	Bahrain Team	Spring	8848.86	BC Cook
33	2021	Mt. Manaslu	8K International	Autumn	8163	BC Cook
34	2021	Mt. Himlung	8K International	Autumn	7126	BC Cook

<b>35</b>	2022	Mt. Everest	International	Spring	8848.86	BC Cook
<b>36</b>	2022	Mt. K2	International	Summer	8611	BC Cook
<b>37</b>	2022	Mt. Manaslu	International	Autumn	8163	BC Cook
<b>38</b>	2023	Mt. Everest	International	Spring	8848.86	BC Cook
<b>39</b>	2023	Mt. K2	International	Summer	8611	BC Cook
<b>40</b>	2023	Manaslu	International	Autumn	8163	BC Cook
<b>41</b>	2023	Amadablam	International	Autumn	6812	BC Cook