

Bio-Data

Name: Mr. Sona Sherpa
Permanent Address: Juving, Solukhumbu
Profession: Climbing Guide
Working at: 8K Expeditions Pvt. Ltd.
Contact: +977- 9818288444/9862359466
Email Address: info@8kexpeditions.com



TRAINING AND WORKSHOP:

- ✓ Introductory Rock Climbing by Nepal Mountaineering Instructors Association (NMIA)
- ✓ Basic Mountaineering Training by Khumbu Climbing Center.
- ✓ Trekking Guide Training by NATHM
- ✓ Map and Navigation Training
- ✓ Basic First Aid Training

CLIMBING EXPERIENCE:

S. No.	Year	Mountain	Team	Season	Height (M)	Remark
01	2019	Everest	International	Spring	8848.86	Summit
02	2019	Mera Peak	International	Autumn	6476	Summit
03	2019	Lobuje	International	Autumn	6199	Summit
04	2021	Mera Peak	International	Spring	6476	Summit* 2 Times
05	2021	Lobuje	International	Autumn	6199	Summit * 2 Times
06	2022	Mera Peak	International	Spring	6476	Summit* 2 Times
07	2022	Lobuje	International	Autumn	6199	Summit * 2 Times
08	2023	Mera Peak	International	Spring	6476	Summit* 2 Times
09	2023	Lobuje	International	Autumn	6199	Summit * 2 Times
10	2024	Everest	International	Spring	8848.86	Summit
11	2024	Baruntse	International	Autumn	7129	Summit
12	2025	Lobuje	International	Spring	6199	Summit
13	2025	Mera Peak	International	Autumn	6476	Summit