

## **Bio-Data**

Name: Mr. Pem Lakpa Sherpa  
Date of Birth: 14-03-2002  
Permanent Address: Makalu-02, Sankhuwasabha, Nepal  
Profession: Climbing Guide  
Working at: 8K Expeditions Pvt. Ltd  
Phone Number: 9818288444/9803739705



### **TRAINING:**

- ✓ Introductory Rock training from NMIA in 2019
- ✓ Basic Mountain Rescue training from NMIA in 2019.
- ✓ Guide Training from NATHM in 2019.
- ✓ Basic Map reading and Navigation course from NMIA in 2019.

## **MOUNTAINEERING EXPERIENCE**

| S.no | Year | Mountain     | Team          | Season | Height(m) | Remark |
|------|------|--------------|---------------|--------|-----------|--------|
| 1    | 2019 | Makalu       | Indian        | Spring | 8463      | Summit |
| 2    | 2019 | Amadablam    | International | Autumn | 6812      | Summit |
| 3    | 2021 | Mera Peak    | International | Spring | 6476      | Summit |
| 4    | 2021 | Lobuche East | Nepalese      | Autumn | 6119      | Summit |
| 5    | 2022 | Makalu       | Mongolian     | Spring | 8463      | Summit |
| 6    | 2022 | Manaslu      | Canadian      | Autumn | 8163      | Summit |
| 7    | 2022 | Amadablam    | Norwegian     | Spring | 6812      | Summit |
| 8    | 2023 | Mt. Everest  | Chinese       | Spring | 8848.86   | Summit |
| 9    | 2023 | K2           | Chinese       | Summer | 8611      | Summit |
| 10   | 2023 | Manaslu      | Chinese       | Autumn | 8163      | Summit |
| 11   | 2024 | Amadablam    | International | Spring | 6812      | Summit |
| 12   | 2024 | Mt. Everest  | International | Spring | 8848.86   | Summit |
| 13   | 2024 | Manaslu      | International | Autumn | 8163      | Summit |
| 14   | 2025 | Annapurna    | International | Spring | 8091      | Summit |
| 15   | 2025 | Makalu       | International | Spring | 8485      | Summit |