

Bio-Data

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Introduction:

I have been involved into adventure field since 2015. I started my career from trekking as an assistant guide and latter in 2019, I got involved into cooking department for different expedition teams from different Nationalities at basecamp approx. 5000m. Now, I have my expertise at cooking into higher camps above altitude of 6000m like Camp 2 of Mt. Everest, Mt. Manaslu and whatnot.

Base Camp Cook Experience

S.no	Year	Mountain	Team	Season	Height(m)	Remark
1	2019	Annapurna	International	Spring	8091	Basecamp Cook
2	2019	Manaslu	International	Autumn	8163	Basecamp Cook
3	2021	Makalu	International	Spring	8481	Basecamp Cook
4	2021	Manaslu	International	Autumn	8163	Basecamp Cook
5	2022	Kanchenjunga	International	Spring	8586	Basecamp Cook
6	2022	Manaslu	International	Autumn	8163	Basecamp Cook
7	2023	Mt. Everest	International	Spring	8848.86	Camp 2 Cook (6400m)
8	2023	Manaslu	International	Autumn	8163	Camp 2 Cook (6400m)
9	2024	Mt. Everest	International	Spring	8848.86	Summit
10	2024	Mt. Manaslu	International	Autumn	8163	Camp 2 Cook